

# Family Shoebox Recipe

*Fill one large shoebox with the following:*

- 1 magazine
- 1 month's supply women's sanitary items (10-12 items)
- 1 bottle of shampoo (28oz+)
- 1 hair conditioner (28oz+)
- 1 shaving cream
- 1 large toothpaste (6oz+)
- 2 adult toothbrushes
- 3 child's toothbrush
- 1 man's deodorant
- 1 woman's deodorant
- 1 bar soap 3.5oz+
- 1 comb or brush
- 8 man's razors
- 4 woman's razor
- 1 body lotion (4oz+)
- 1 pocket-size tissues
- 1 mending kit
- 1 vanity kit (emery board, Q-tips, cotton balls, band-aid)
- 1 wash cloth
- 1 pair woman's socks
- 1 pair man's socks
- 1 sandwich size zip lock bag



## *OPTIONAL ITEMS WHEN AVAILABLE*

- any other misc. woman's grooming item
- any other misc. men's grooming item



Place label on lid & secure box with a rubber band